



Gluten-Free Candy List

The National Foundation for Celiac Awareness (NFCA) credits Sure Foods Living (www.surefoodsliving.com) for the creation of this resource.

NFCA's Gluten-Free Candy List should be used as a guide only. It cannot replace a thorough review of the ingredients listed in order to verify that any product is in fact, gluten-free.

NFCA and Sure Foods Living recommend double-checking product ingredients to verify its gluten-free status before eating.

Gluten-Free candies listed alphabetically by brand.

ADAMS & BROOKS

- Scooby Doo! Fun Pops (lollipops with picture of Scooby Doo)

AIRHEADS

- Airheads Bars, regular and sour
 - "manufactured in a facility that processes wheat flour"
- Airheads Pops
- Whistle Pops

AMANDA'S OWN CONFECTIONS

- Chocolate shapes and chocolate lollipops

ANNABELLE'S

- Big Hunk
 - "made in a facility that uses milk, egg, treenuts, wheat and peanuts"
- Abba Zabba
 - "made in a facility that uses milk, egg, treenuts, wheat and peanuts"
- Look
 - "made in a facility that uses milk, egg, treenuts, wheat and peanuts"
- U-No
 - "made in a facility that uses milk, egg, treenuts, wheat and peanuts"

ANNIE'S

- Organic Bunny Fruit Snacks (Flavors: Tropical Treat, Berry Patch, Sunny Citrus, Summer Strawberry)

CADBURY ADAMS (now part of Kraft Foods)

- Swedish Fish
- Sour Patch Kids and Sour Patch Extreme
- Sour Patch Xploderz
 - “Manufactured in a facility that handles peanuts, tree nuts, milk, eggs, soy and wheat.”

CE DE CANDY

- Smarties (USA only; not Canada)
- Bubble Gum Smarties
- Candy Money
- Smarties in a Pouch
- Tropical Smarties
- Easter Smarties
- Love Hearts
- X-TREME Sour Smarties
- Smarties Parties
- Smarties Double Lollies
- Smarties Mega Lollies
- Smarties Pops

CHOCOLATE DECADENCE

- Chocolate Halloween shapes and chocolate bars
 - except pretzel items

CRISPY CAT

- Mint Coconut Candy Bar
- Toasted Almond Candy Bar
- Chocolate Marshmallow Candy Bar

DIVVIES

- Boo x2 Chocolate Ghosts
- BinGo! Divine Chocolate Bar
- Benjamint Crunch Bar
- Halloween Jelly Beans

ENJOY LIFE

- Boom CHOCO Boom Dark Chocolate Bar, Crispy Rice Bar, Milk Bar

FARLEY'S AND SATHER'S

- Super Bubble and Super Bubble Blast
- Trolli Gummi Bears, Trolli Sour Brite (Frite) Crawlers
 - “made in allergen-free facility but packaged on equipment that packages products containing traces of milk, wheat, egg, peanuts, tree nuts and/or soy protein”
- Now and Later, regular and soft
- Jujyfruits, Jujubes
 - “made in allergen-free facility but packaged on equipment that packages products containing traces of milk,

- wheat, egg, peanuts, tree nuts and/or soy protein”
- Brach’s Candy Corn, Gummi Candy Corn, Caramel Candy Corn, Caramel Apple Candy Corn, Chocolate Caramel Candy Corn
 - “packaged on equipment that also packages products containing traces of milk, egg, wheat, peanuts, tree nuts and/or soy protein”
- Brach’s Mellowcreme Pumpkins
 - “packaged on equipment that also packages products containing traces of milk, egg, wheat, peanuts, tree nuts and/or soy protein”
- Heide candies – Jujufruits, Jujubes, Cool Grape, Red Raspberry Dollars, Wild Cherry

FERRARA PAN

- Lemonhead
- Red Hots
- Chewy Lemonhead and Friends
- Tropical Chewy Lemonhead and Friends
- Applehead, Grapehead, Cherryhead

FRANKFORD CANDY & CHOCOLATE COMPANY

- SpongeBob Gummy Krabby Patties
 - “manufactured in a facility that processes peanuts, almonds, and wheat.”
- Gummy Body Parts
 - “manufactured in a facility that processes peanuts, almonds, hazelnuts, walnuts, milk and soy.”

HERSHEY

- Milk Chocolate Bars, regular and with Almonds
- Milk Duds
- Heath Minis
- Kisses, Special Dark Kisses
- Almond Joy
- Mr. Goodbar
- Baby Ruth
- Jolly Rancher Hard Candy, Hard Candy Sticks, Doubles, Pops and Mini-Stix
- Reese’s
- Pay Day
- York Peppermint Patties

IMPACT CONFECTIONS

- Warheads Sour Chewy Cubes
- Warheads Extreme Sour Hard Candy

INDIE CANDY

- Halloween Chocolate Lollipops
- Halloween Crystal Lollipops
- Halloween Gummies

JELLY BELLY

- Jelly Beans

JUST BORN

- Mike & Ike
- Hot Tamales
- Peeps Pumpkins and Ghosts
- Peeps Milk Chocolate and Dark Chocolate-Covered Pumpkins

MARS

- M & Ms Plain
- M & Ms Peanut
- Snickers
- 3 Musketeers, regular and Mint
- Milky Way Midnight Bar
- Starburst
- Skittles
- Dove Milk Chocolate, Dark Chocolate and Peanut Butter

NECCO

- SkyBar Twilight Saga Chocolate Truffle Heart
- SkyBar Twilight Saga Peanut Butter Wolf
- SkyBar Twilight Saga Caramel Cullen Medallion
- Mary Janes
- Mary Jane Peanut Butter Kisses (orange wrapper like taffy with no ingredients)
- Wafers

NESTLE

- Butterfinger (not Butterfinger Crisp)
- Raisinets
- Bit-O-Honey
- Baby Ruth

PEARSON'S

- Mint Patties

POPCORN EXPRESSIONS

- Kettle Corn Snack Bags

PURE FUN

- Halloween Pure Pops

RIVIERA

- Spooky Candy Rings (eyeballs, Frankenstein heads and other shapes on rings)

R.M. PALMER COMPANY

- Palmer Tricky Treats – Googly Eyes, Boneheads, Pumpkin Patch
 - “manufactured on equipment which also processes wheat, peanut butter and tree nuts”
- Creepy Peepers (white wrapped balls that look like eyeballs with various colors of eyes and red veins – no ingredients listed on individual pieces)
 - “manufactured on equipment which also processes wheat, peanut butter and tree nuts”
- Peppermint Patties
 - “manufactured on equipment which also processes wheat, peanut butter and tree nuts”

RUSSELL STOVER

- Marshmallow Pumpkin, Orange Marshmallow Pumpkin, Marshmallow Football
 - “products have been produced on shared equipment with peanuts, tree nuts, eggs and wheat”
- Coconut Cream Pumpkin
 - “products have been produced on shared equipment with peanuts, tree nuts, eggs and wheat”

SPANGLER

- Dum Dums
- Chewy Pops
- Saf-T-Pops
- Candy Canes
- Chewy Canes
- Circus Peanuts
- Shrek Ogreheads

SURF SWEETS

- Gummy Worms
- Gummy Swirls
- Gummy Bears
- Fruity Bears
- Jelly Beans
- Sour Worms
- Sour Berry Bears

TOOTSIE

- Charleston Chew (including minis)
- Charms Blow Pops, Sweet Pops, Zip-A-Dee Mini Pops, Fluffy Stuff Pops
- Charms Flat Pops
- Dots
- Tootsie Pops
- Tootsie Rolls and Fruit Rolls
- Junior Mints
- Junior Caramels
- Dubble Bubble Bubble Gum, Tear Jerker Sour Bubble Gum
- Sugar Babies
- Sugar Mama and Sugar Daddy
- Caramel Apple Pops

WONKA

- Bottlecaps, Everlasting Gobstopper, Runts, Fun Dip and Fun Dip Sour, Pixy Stix, Sweetarts (regular), Tart N Tinys, Nerds, Spree
 - “made in a facility that also processes wheat and egg” (Sweetarts)
- Chewy Runts, Chewy Gobstopper, Laffy Taffy Stretchy and Tangy, Giant Chewy Sweetarts, Mini Chewy Sweetarts, Sweetarts Chewy Twists, Chewy Tart N Tiny, Chewy Spree
 - “made in a facility that also processes wheat.” (Giant Chewy Sweetarts)
- Laffy Taffy, Laffy Taffy Rope, Sweetarts Chew
- Giant Chewy Nerds
 - “made on equipment that also processes peanuts, nuts, milk, wheat and soy”

WRIGLEY

- Starburst
- Skittles, Skittle Sour and Skittle Crazy Cores
- Lifesavers Hard Candy and Lifesavers Pops
- Lifesavers Gummies, Big Ring Gummies regular and Sweet and Sour
- Hubba Bubba Gum, Glop, Max, Pop

YUMMY EARTH

- Lollipops
- Candy Drop
- Gummy Bears
- Gummy Worms

Please Note!

The Gluten-Free candy list above has been updated as recently as October 2010.

As manufacturers are not required to make notice of ingredient or manufacturing process changes, the gluten-free status of the items listed above is subject to change. You should always check the ingredients and/or check with the company each time you purchase a product.

NFCA will not be held liable for any accident occurring due to the use of this list.

Sure Foods Living provides a frequently updated gluten-free candy list and a complete listing of allergy-free candies on their website, www.surefoodsliving.com.