



Gluten-Free Gift Guide

For the Gluten-Free Kid

- *Mommy, What is Celiac Disease?*
- *Danny the Dragon*
- Snazzy lunchbox
- Fun cookie cutters
- Pac Man Oven Mitt
- Gluten-free play dough
- *Cooking with Isaiah*

For the Newly Diagnosed

- Blender
- New serving platters
- Loaf pan
- *Cooking with Amy*
- Magnetic signboard
- Gluten-free gift basket or meal delivery program
- Gluten-free baking class or health coaching session
- *Real Life with Celiac Disease*
- Insulated lunchbox
- Storage tubs
- *Celiac Disease for Dummies*
- *Gluten Free Diet: A Comprehensive Resource Guide*

For the Gluten-Free Foodie

- Gift certificate to a GREAT restaurant
- *Gluten-Free Girl and the Chef*
- Doughnut pan
- Fondue set
- Wine glasses
- Camera
- Candy thermometer and marble slab
- Dutch oven
- Spice rack and spices
- Fold-out or moveable kitchen island

For the Gluten-Free Health Nut

- Gluten-free energy bars
- Blossoming tea brewer
- Exotic ancient grains
- Yoga classes
- Personal health record (PHR) account
- Food scale
- Rice cooker

For the Celiac on the Go

- Tupperware
- iPhone apps
- Crockpot
- Wholesale buyer's club membership
- Label maker
- Massage

For the Gluten-Free Traveler

- *Gluten-Free Restaurant Guide* and travel cards
- A night (or several) at a celiac-friendly hotel
- Gluten-free travel/snack packs
- Toaster bags