



NATIONAL FOUNDATION FOR CELIAC AWARENESS

restoring health...
reclaiming lives...

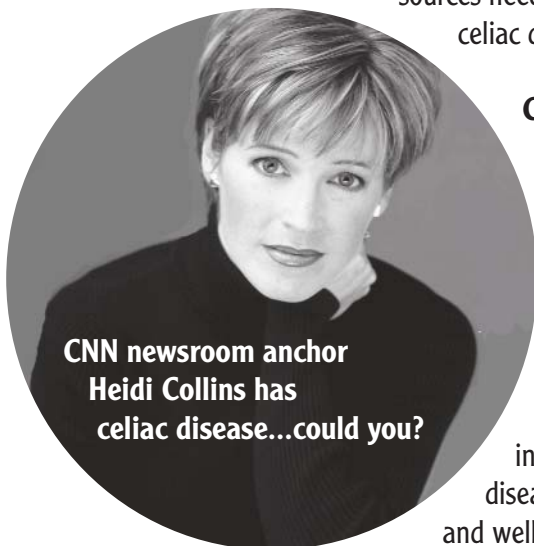
The National Foundation for Celiac Awareness (NFCA) is a 501(c)(3) non-profit organization dedicated to driving diagnosis, improving quality-of-life and facilitating science. We have an abundance of resources available to the public, the medical community, the food service industry and anyone with an interest in celiac disease and gluten-free living.

SYMPTOMS CHECKLIST. Do you think you may have celiac disease? Are you trying to get a family member or friend tested? Simply log on to www.celiaccentral.org, link to our symptoms checklist and identify your symptoms. Once you submit, you will receive a printer-friendly form to take to your doctor that will provide the latest information on celiac testing, including the blood test and small intestine biopsy.

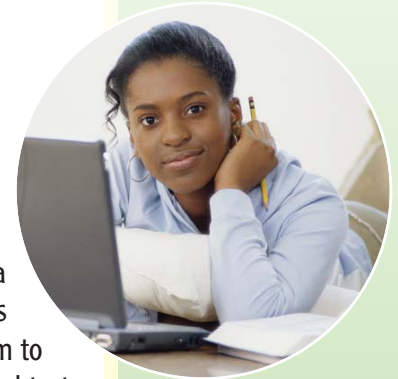
CELIAC SURVIVAL GUIDE. Are you already diagnosed with celiac disease and looking for help with managing your daily gluten-free diet? The NFCA Celiac Disease Survival Guide is a comprehensive guide for living a happy and healthy gluten-free lifestyle. The guide provides suggestions for food choices during the early healing process and also explores the fast-expanding marketplace. There is even information about pizza and beer, birthday party planning and the best tasting products on the market!

GLUTEN-FREE RESOURCE EDUCATION AWARENESS TRAINING. GREAT provides a comprehensive, accredited e-learning program for food service and healthcare professionals. Each GREAT program is tailored to meet the needs of the respective learner. GREAT Food Service and GREAT Healthcare's courses provide continuing education (CE) units through professional accrediting organizations. Courses can be delivered in person, on-line, or via webinar.

GREAT Food Service offers a comprehensive system to deliver safe and tasty gluten-free foods to the community. GREAT Healthcare affords the healthcare professional the information and resources needed to identify the 97% of undiagnosed people with celiac disease, and to support them in their gluten-free diet.



CONTINUING EDUCATION AND LIFESTYLE WEBINARS. NFCA has created an extensive webinar program that targets both medical and health industry professionals, as well as members of the celiac disease community and population at large. Continuing education webinars offer accreditation for physicians, nurses, dietitians, and health professionals. The Gluten-Free Lifestyle Webinar Series provides celiac patients and their families with valuable information and resources to help them manage their disease and diet, as well as improve their general health and wellness.



FAST FACT

**3 million people
(1% of the
population) suffers
from celiac
disease...97% don't
even know it.**



GLUTEN IN MEDICATIONS. Current United States regulations do NOT require manufacturers to label the inactive ingredients in drugs including those containing gluten. To learn all about the inactive ingredients in medications, download a short and simple flyer that the NFCA developed with the help of the American Society of Health-System Pharmacists.

SCHOOL LUNCHES. Are you the parent of a child with celiac? The NFCA developed guidelines to help children and parents navigate their school's meal program. The guidelines explain federal laws and provide step-by-step instructions for getting a child special gluten-free meals at school.

GLUTEN-FREE COOKING SPREES. If you love food, be sure to check the NFCA website for our signature fundraising event, Appetite for Awareness: A Gluten-Free Cooking Spree. Watch top doctors, chefs and dietitians compete to cook the best gluten-free food! NFCA unites the general population, celiac community, as well as medical and culinary industry professionals to raise awareness through food and fun.

CELIACCENTRAL.ORG. NFCA's comprehensive website and online newsletter covers a variety of topics including: celiac disease news, lifestyle and wellness information, gluten-free product reviews, recipes and cooking, as well as NFCA programming and event updates. The site features blogs, videos and an abundance of resources for the celiac and gluten-free communities. With nearly half a million unique visitors every year, NFCA is a leader in the field, driving diagnosis, improving quality-of-life and advancing science through our many partnerships.

RELATED DISEASES. Celiac disease is directly related to several other diseases and conditions. The NFCA has worked with leading researchers and organizations to provide the latest information on relationships between these conditions, celiac disease and the gluten-free diet.

DRIVING
DIAGNOSIS

IMPROVING
QUALITY
OF LIFE

FACILITATING
SCIENCE